

Am I ready for school?

When your child starts primary school there are a number of skills that they should ideally have mastered. You can use this sheet as a guide.



Self-Care

- I know when to wash my hands.
- I can wipe my nose.
- I can ask for help if I don't feel well.

Getting dressed

- I can put my coat on and use a zip.
- I can put on and take off my shoes and socks or tights.
- I can undo and do up buttons on my t-shirt.

Going to the toilet

- I can go to the toilet on my own, wipe myself properly and flush.
- I can wash and dry my hands without any help.

Eating

- I can use a knife and fork.
- I can open my packed lunch on my own.
- I am confident opening wrappers and packets.

Routines

- I have practised putting on my uniform and getting ready to leave on time.
- I have a good bedtime routine so I am not feeling tired for school.
- I am learning to eat at the times I will on eat school days.

Independence

- I am happy to be away from my parents or carer.
- I am happy to tidy my belongings and look after my things.

Sharing and turn taking

- I can share toys and take turns.
- I can play games with others.
- I can interact with other children

Interest in the world and new activities

- I enjoy learning about the world around me.
- I am interested in exploring new activities or environments.
- I like asking questions.

Listening and Understanding

- I am able to sit still and listen for a short while.
- I can follow instructions.
- I understand the need to follow rules.

Speaking and Literacy

- I am interested in reading stories and looking at picture books.
- I am able to talk about myself, my needs and feelings.
- I am practising recognising my name when it is written down.

Physical Development

- I like tracing patterns and colouring in.
- I am practising holding a pencil.
- I enjoy drawing and mark making.
- I am developing my upper arm strength by making big pictures outside with chalk or water and brushes.
- I am practising cutting skills.

Number and Shape

- I enjoy counting objects.
- I like saying number rhymes and playing counting games.
- I can recognise some numbers on dominoes or dice.
- I enjoy talking about shapes and patterns in the environment.

