



Saltford
Day
Centre



Saltford
C of E
Primary



If you need help during this COVID-19 crisis, the Saltford Support Hub is here exclusively for you. We can help with :

Shopping

Pharmacy

PO Services

Hot Meals

Financial Assistance

A friendly phone call or pastoral care

And Many Other Ways

Just Call 01225 632216

Let's all regularly check on our neighbours

Please think about the needs of your neighbours, especially (but not exclusively) the elderly and vulnerable. Give them a call or knock on the door to check they are okay. Tell them to ring our phone number if they need help with anything.

Hardship

In response to the hardships suffered by some Saltford residents as a result of lockdown measures, we would like to provide free hot meals on a Saturday evening, basic food supplies and small emergency cash sums where needed. If you are in need of help or know someone in need of help at this time, simply ring 01225 632216. The fund will also be used to provide hot meals on a Saturday evening for those 75+ who welcome a change from their own cooking.

The SCA has seeded a fund with £1000 to meet these needs and has already received generous donations. If you would like to consider making a donation to help those who are struggling within our village at this time, full information is at saltfordhall.co.uk/Hardship.html.

Saltford Scrubs

Anyone who lives in Saltford and would like to be involved in making scrubs for NHS Bath can get in touch with Saltford Scrubs for NHS Bath. Most urgently needed are scrubs but other sewing options are laundry bags, scrub caps, mask extenders and headbands. You could either offer to sew, to wash and iron, or make a donation of polycotton pillowcases, sheets or duvet covers. There are collection points at Saltford Hall (by Food Bank box), in Witney Close and on the corner of Hinton Close and Norman Road. Please contact them by emailing saltfordscrubs@gmail.com.

Saltford Food Bank

They continue to welcome donations of non perishable food. If you can spare anything then please drop off at Saltford Hall (in between 2 sets of outer doors 24 hours a day) or at The Rectory, 12 Beech Road or at the Tesco Express in Saltford. Waitrose and Tesco in Keynsham also have Food Bank donation bins. They are also happy to accept financial donations via their website <https://keynsham.foodbank.org.uk>

Watch out for COVID-19 scams

According to the Online Watch Link, fraudsters are exploiting the spread of COVID-19 to facilitate various types of fraud.

There has been a scam called by a fake 01225 number. Basically they claim that it was the government calling to tell them they must wear a facemask and to press x to be put through to purchase one. It is very convincing.

To report a fraud or scam: Actionfraud.police.uk / 0300 123 2040

Coronavirus is contagious. Avoid physical contact (keep 2m distance). Wash your hands regularly. Items should be left on your doorstep.

VE DAY 75th ANNIVERSARY - FRIDAY 8 MAY 2020

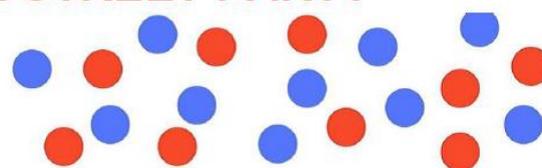
SALTFORD STAY AT HOME STREET PARTY

Whilst observing social distancing rules why not join your neighbours for the following, from the safety of your front garden

2 – 4pm Afternoon Tea - nominate anyone over 75, including yourself, to receive cakes and sandwiches (ring 01225 632216 or email help@saltfordhub.org)

3pm Nation's toast to the Heroes of WW2. Stand up and toast "To those who gave so much, we thank you". Use this unique opportunity to pay tribute to the many millions at home and abroad that gave so much to ensure we all enjoy and share the freedom we have today.

9pm The Royal British Legion is also calling for people to commemorate the anniversary by joining in with a UK-wide rendition of Dame Vera Lynn's 'We'll Meet Again'.



VE Day 75th Anniversary Celebrations

STAY AT HOME STREET PARTY!

Friday 8th May 2020

Commemorate the end of WW2 by celebrating with your family & neighbours.

Decorate your house in red, white & blue and enjoy a picnic in your front garden.



LATEST GOVERNMENT ADVICE

Coronavirus (COVID-19) is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus.

Stay at home if you have coronavirus symptoms

Stay at home if you have either:

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Testing for coronavirus is not needed if you're staying at home.

How long to stay at home

- if you have symptoms, stay at home for 7 days
- if you live with other people, they should stay at home for 14 days from the day the first person got symptoms

If you live with someone who is 70 or over, has a long-term condition, is pregnant or has a weakened immune system, try to find somewhere else for them to stay for 14 days.

If you have to stay at home together, try to keep away from each other as much as possible.

Urgent advice: Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

Only call 111 if you cannot get help online.

How to avoid catching and spreading coronavirus (social distancing)

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- avoid close contact with people who have symptoms of coronavirus
- only travel on public transport if you need to
- work from home, if you can
- avoid social activities, such as going to pubs, restaurants, theatres and cinemas
- avoid events with large groups of people

Don't

- do not touch your eyes, nose or mouth if your hands are not clean
- do not have visitors to your home, including friends and family

USEFUL NUMBERS

Day Lewis Pharmacy (01225 874454)

- Open Monday to Friday 8.30 – 1pm & 2 – 6pm, plus Saturday 9am – 1pm

NHS Helpline

- For non-emergency contact 111

Saltford Community Post Office

- Open Monday & Friday 9 – 1pm & 2 – 5pm, plus Wednesday morning 9 – 1pm

Food Bank (0117 983 7923)

- for locations and opening times please go to <https://Keynsham.foodbank.org.uk>

BathNES Council COVID-19 Enquiries

- Please direct these to Covid-19incidentcomms@bathnes.gov.uk