

# PRIMARY LUNCH MENU

	MEAT FREE MONDAY	ROUND THE WORLD TUESDAY	TRADITIONAL WEDNESDAY	TREAT DAY THURSDAY	FISH FRIDAY
<b>WEEK 1</b>	<b>Homemade Tomato Sauce with Pasta</b> (V)(DF)(HM) OR <b>Cheese &amp; Onion Puff Pastry Slice</b> (V)(HM)(GF)(DF)	<b>Mild Mexican Chilli</b> (GF)(HM)(DF) OR <b>Vegan Chilli</b> (V)(HM)(DF)(GF)	<b>Roast Chicken and Stuffing</b> (DF) OR <b>Cauliflower and Broccoli Cheese Bake</b> (V)(HM)	<b>All Day Brunch</b> <b>Bacon, Hashbrown, Baked Beans, Scrambled Egg</b> (GF) OR <b>Veggie Sausage Brunch</b> (V)	<b>Fish Fingers</b> (DF) OR <b>Quorn Fish-Less Fingers</b> (V)(DF)
4th November 25th November 16th December 20th January 10th February	<b>Broccoli &amp; Sweetcorn</b> (V)(GF)(DF) <b>Cheese and Biscuits</b> (V)	<b>Rice &amp; Green Beans</b> (V)(GF)(DF) <b>Raspberry Ripple Cake</b> (HM)(DF)(V)	<b>Roasted Potatoes, Carrots, Peas &amp; Gravy</b> (V)(GF)(DF) <b>Crispy Rice Cake</b> (HM)(V)(DF)	<b>Jelly and Cream</b> (V)(GF)	<b>Chips and Peas</b> (V)(GF)(DF) <b>Ice Cream</b> (GF)(V)
<b>WEEK 2</b>	<b>Cheese and Tomato Pizza</b> (V) OR <b>Sweetcorn and Pepper Pizza</b> (V)	<b>Bolognese with Pasta</b> (DF)(HM) OR <b>Veggie Bolognese with Pasta</b> (V)(HM)(DF)	<b>Bangers and Mash</b> OR <b>Quorn Sausage and Mash</b> (V)	<b>Chicken Balls</b> (DF) OR <b>Quorn Nuggets</b> (V)(DF)	<b>Fish Fingers</b> (DF) OR <b>Quorn Fish-Less Fingers</b> (V)(DF)
11th November 2nd December 6th January 27th January	<b>Wedges &amp; Mixed Vegetables</b> (V)(GF)(DF) <b>Yoghurt</b> (V)(GF)	<b>Sweetcorn &amp; Broccoli</b> (V)(GF)(DF) <b>Apple Crumble</b> (HM)(DF)(V)	<b>Cabbage &amp; Gravy</b> (V)(GF)(DF) <b>Shortbread Fingers</b> (HM)(DF)(V)	<b>Rice &amp; Green Beans</b> (V)(GF) <b>Carrot Cake</b> (HM)(DF)(V)	<b>Chips and Peas</b> (V)(GF)(DF) <b>Ice Cream</b> (GF)(V)
<b>Week 3</b>	<b>Mac and Cheese</b> (V)(HM) OR <b>Mixed Peppers and Potato Omelette</b> (V)(HM)(DF)(GF)	<b>Burger with BBQ Sauce</b> (DF) OR <b>Veggie Burger with BBQ Sauce</b> (V)(DF)	<b>Cottage Pie</b> (HM)(GF) OR <b>Shepherdess Pie</b> (HM)(V)(DF)	<b>Build your own Wrap</b> <b>Chicken Tenders</b> (DF) OR <b>Roasted Mediterranean Wrap</b> (DF)(V)	<b>Fish Fingers</b> (DF) OR <b>Quorn Fish-Less Fingers</b> (V)(DF)
18th November 9th December 13th January 3rd February	<b>Broccoli and Peas</b> (V)(GF)(DF) <b>Gingerbread Man</b> (V)	<b>Wedges and Sweetcorn</b> (V)(GF)(DF) <b>Australian Crunch</b> (DF)(V)(HM)	<b>Cabbage and Cauliflower</b> (V)(GF)(DF) <b>Flapjack</b> (DF)(V)(HM)	<b>Herb Diced Potatoes and Peas</b> (V)(GF) <b>Apple Sponge</b> (HM)(DF)(V)	<b>Chips and Peas</b> (V)(GF)(DF) <b>Ice Cream</b> (GF)(V)

Freshly Baked Bread, Salads, Fresh Fruit & Yogurts available daily

