A new cookery club for Boys and Girls in years 3 & 4 will be starting on Wednesday, 10th of October; 3:15 pm – 4:30 pm and finish on Wednesday 24th of October 2018.

Getting children involved in the kitchen is a great way to encourage them to eat healthily. They will eagerly tuck into something they have prepared themselves and take great pride in watching someone else enjoy their food. In the cookery club, I will be teaching the children to cook food from around the world such as Nasi Goreng (Fried Rice); Sushi and loads more! We will also be making and learning about nutrition, eating healthy food and staying active besides learning kitchen safety and cleaning up.

The club will run as a trial for 3 weeks and places are limited to 6 children. Each session cost £5 plus £1 for the ingredients. All equipment & ingredients will be provided. Please bring a medium size container to take your child’s food home. The sessions will continue after the Half term until Christmas if this trial sessions are successful. The menu for the first 3 sessions will be:

- Pasta with homemade tomato sauce
- Nasi Goreng – Malaysian Fried Rice
- Spooky Party Food

To secure a place in the club please send the application and parental consent form to littleworldcookeryclub@gmail.com. Please do not hesitate to contact me through email or on my mobile 07872101116 if you have further questions.

Payments can be made by cash or cheque to Mrs N A Binti Mat Ali by the 8th of October 2018. Please return the slip below preferably by email to to littleworldcookeryclub@gmail.com or to the school office.

Kind regards,

Mrs Nafeesa Devan