In December I received a handmade Christmas card from one of my neighbours. I didn’t know the young girl who sent it, but it made me smile. It is still on my notice board as a reminder of the random act of kindness I was shown.

As I looked at it today, I thought how about us asking local children and families to send pictures, stories and cards to those who are self-isolating and unable to leave their homes for 12 weeks, as a message of hope, joy and love.

As we take our daily exercise, we will have noticed the beautiful rainbows in windows of houses, but what about those who are unable to see these pictures? How can we bring a little sunshine, a little joy, a little kindness and love into their lives?

How about, as a family, drawing a picture, writing a card, a letter or a story. You can put it in an envelope and when you are out for your walk delivery it to Rev Daile in 12 Beech Road. I will then forward these on to people in our community who are on their own, self-isolating or in a nursing home.

For safety and to comply with GDPR, please do not include your surname or contact details in any letter but do attach your details on a separate piece of paper so any replies can be forwarded on to you.

Please email scnbenefice@gmail.com for more information about how to help.

Revd Daile

PS, any donations of stamps or A5 envelopes would be gratefully received!