



Saltford
CofE Primary School

Saltford CofE Primary School
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Headteacher: Dawn Sage
Chair of Governors: Paul Cummings

Year 4 - Health Education, Supporting your Child in Year 4 and Camp meetings
Monday 3rd March 2025

February 2025

Dear parents and carers,

We would like to invite you to an information evening regarding our Year 4 Health Education (sex and relationships education), supporting your child in Year 4 (including details of the times table check) and the Year 4 Camp meeting.

These meetings will take place on Monday 3rd March 2025. The Health Education will begin at 4.15pm in Willow Class and the Supporting your Child in Year 4 and Camp meeting at 4.45pm in the hall.

As you may be aware, we deliver our Personal, Social and Health Education (PSHE) learning using a scheme of work called Jigsaw. In term 6 all classes will have lessons delivered from a theme called 'Changing Me'. This unit teaches from the now **statutory** RSHE (Relationships, Sex and Health Education) curriculum.

This is a valuable part of every child's education and all will benefit from a clear programme of RSHE. We will be using Jigsaw to deliver these lessons. This scheme brings together PSHE, emotional literacy, social skills and spiritual development in a weekly lesson programme.

The health education meeting will give an overview of the content and resources that we use to teach this essential subject.

The camp meeting will outline the activities for the week, as well as what families will need to prepare for the trip.

Please indicate via the Microsoft forms links below if you will be attending these meetings. <https://forms.office.com/e/vXE0cAdJxd>

Health Education Meeting – 4.15pm

Supporting your Child in Year 4 and Camp Meeting Link – 4.45pm

Kind regards,

Mrs. Hamlen

Mrs. Gordon

Mr Jenkins

