

KS2 Sports Day Guide for Parents

Track events

Each class will take part in 3 track races:

- the obstacle course;
- the flat race; and
- the skipping/sack/egg and spoon race(children choose one).

Each class will need to be split into 4 groups to run the races.

Field Events

Immediately after each track race, children will take part in a field event competing in a standing jump, javelin throw and discus throw.

Tug of War

The final event will be the tug of war. Every class will be split into 2 groups. There are no stickers awarded for this event, but the children on the winning team will receive 3 house points.

Scoring

The children who come 1st, 2nd and 3rd in each race and field event will be awarded stickers and receive points for their house.

1st place = 3 points

2nd place = 2 points

3rd place = 1 point

Some children will be given Well Done stickers for sporting behaviour and effort.

Enjoy the afternoon of competitive fun. Sunshine has been ordered.