KS2 Sports Day Guide for Parents

**Track events**
Each class will take part in 3 track races:
- the obstacle course;
- the flat race; and
- the skipping/sack/egg and spoon race (children choose one).

Each class will need to be split into 4 groups to run the races.

**Field Events**
Immediately after each track race, children will take part in a field event competing in a standing jump, javelin throw and discus throw.

**Tug of War**
The final event will be the tug of war. Every class will be split into 2 groups. There are no stickers awarded for this event, but the children on the winning team will receive 3 house points.

**Scoring**
The children who come 1st, 2nd and 3rd in each race and field event will be awarded stickers and receive points for their house.

1st place = 3 points
2nd place = 2 points
3rd place = 1 point

Some children will be given Well Done stickers for sporting behaviour and effort.

Enjoy the afternoon of competitive fun. Sunshine has been ordered.