



Symptoms of CORONAVIRUS (COVID-19)



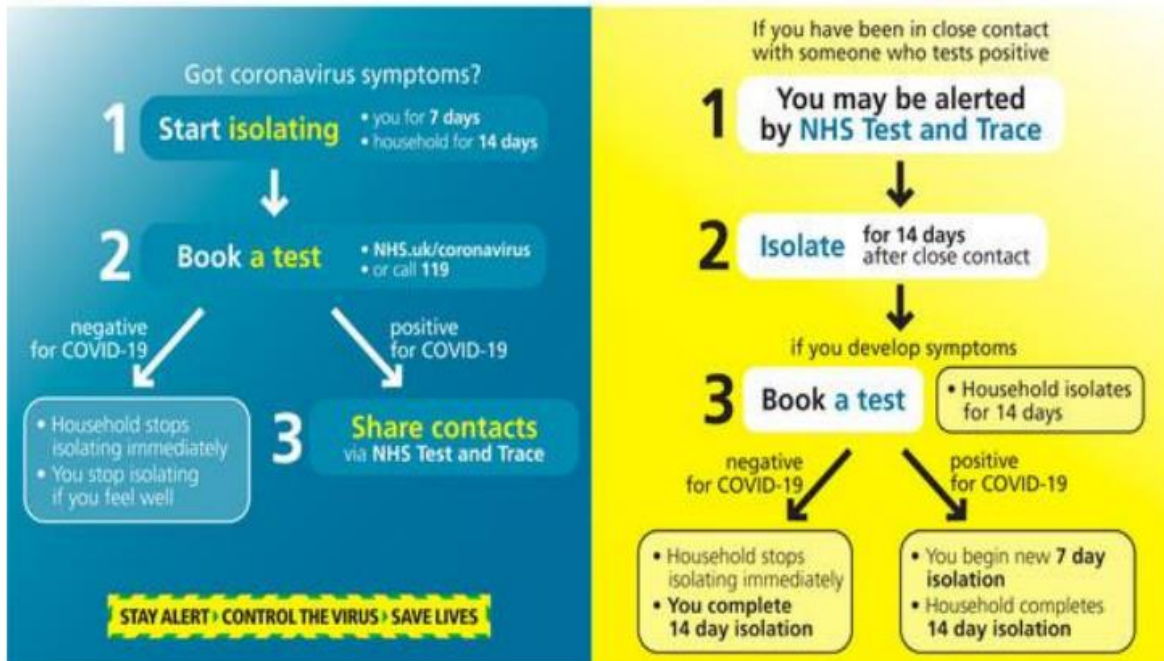
VISITOR PROTOCOLS

Welcome to our school. You are very welcome here but, in order to keep you and others safe, we ask that you take a moment to read this summary of our protocols. If you would like a full copy of our risk assessment, or any other related information, this can be downloaded from our website or you can request to see a copy of this from the office.

- If you have any of the following symptoms, or have been in recent close contact with anyone who has, please DO NOT attend school:
 - High temperature
 - New, continuous cough
 - Loss or change to your sense of smell or taste
- Please use hand sanitiser as you enter our school. You should wash your hands frequently during your time with us.
- Prior to starting you will be told where you will be based and the year group you are based with. Please do not enter classrooms, or other learning spaces, without authorisation from a member of staff. This is so that we can limit the risk of infection to our 'bubbles'.
- Avoid touching your face, nose or mouth and wash your hands if you do.
- Limit the items you touch. This includes shared surfaces, e.g. handrails, door handles etc. Only touch things that are necessary.
- Try to stay 2m apart from other adults in the school. When working with children please ensure you are seated side by side.
- Face masks are not routinely required – however you may prefer to wear one when entering the school and moving to your designated space. However, the school will respond to any changes in Government advice so please discuss this with the office team when you are signing in.
- Please speak to a member of staff immediately if you have any questions about our routines or procedures related to our Covid risk management approach.

We know these are strange times but we hope you enjoy your time at Salford Primary School.

SYMPTOMS MANAGEMENT



Symptoms	Coronavirus* (COVID-19) <small>Symptoms range from mild to severe</small>	Cold <small>Gradual onset of symptoms</small>	Flu <small>Abrupt onset of symptoms</small>	Seasonal Allergies <small>Abrupt onset of symptoms</small>
Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
Shortness of breath	Sometimes	No**	No**	No**
Sneezing	No	Common	No	Common
Runny or stuffy nose	Rare	Common	Sometimes	Common
Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
Fever	Common	Short fever period	Common	No
Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
Body aches and pains	Sometimes	Common	Common	No
Diarrhea	Sometimes	No	Sometimes for children	No
Chills/repeated shaking	Sometimes	No	Sometimes	No
Loss of taste or smell	Sometimes	Rare	Rare	Rare

Your symptoms may vary. *Information is still evolving. **Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention. edited 4/29/20 • aafa.org/covid19